

CYMRYD RHAN
JOB DESCRIPTION

- Job Title:** Companion
- Base:** As defined and agreed in the employee's Contract of Employment.
- Hours:** Contracted hours by arrangement including any sleeping-in and night shift duties as defined and agreed in the employee's Contract of Employment.
- Responsible to:** Team Leader

Scope of the Post:

To support citizens in a way where they maintain their choice, their control and a voice in receiving the right support, in the right way and at the right time. To drive forward the person centred values of Cymryd Rhan so citizens can live their life in their way and receive the care and support they need in a way that matters to them. The post holder will develop, design and deliver a companionship model with citizens that rapidly responds to their most current needs whilst keeping citizens on an even keel in managing their home, receiving their care, reducing their sense of social isolation, preventing them from becoming homeless, and connecting them within their community.

Responsibilities:

1. Work with citizens and others to identify the best forms of communication, listen and respond to citizen's request for support. Communicate and meet citizen demands, meet the requests from their families, work with other key people and professionals as to provide the right support, in the right way and at the right time with all who engage with Cymryd Rhan.
2. To support citizens to meet their domestic and personal needs using community facilities and promoting their ability to keep their home healthy, safe and secure
3. To support citizens to access and participate in leisure and recreational activities, develop networks of friends and community support and to maintain their existing relationships with family and friends

4. To relate to and support citizens in the way that they choose, treat them with respect and dignity and to carry out activities in a way that matters to them.
5. To enable citizens to maintain their personal hygiene and appearance where they are in need of such assistance for whatever reason and to encourage citizens to be as self-managing as possible.
6. To work effectively as a member of a team in order to deliver person centred services that support citizens to achieve the outcomes they want.
7. To follow organisational health and safety procedures and fulfil your responsibilities to support health and safety for yourself, your colleagues and the citizens you support through the use of effective lone working procedures.
8. To develop your knowledge and practice to meet the needs of the citizen you support and the organisation and to evaluate the quality of your work and identify training and development needs.
9. To recognise, design and deliver community based alternatives to care and support and to encourage citizens to access these through supporting them with their confidence and self-esteem.
10. To design and deliver a rapid response service, engaging with local partners and organisations, where citizens can access that rapid response.
11. To be entrepreneurial and recognise opportunity which enhances the support and care experience to citizens and promote the values of Cymryd Rhan.
12. To take a prevention and early intervention approach in supporting citizens through the use of reflective learning practices and data evaluation.
13. To support other teams and projects within the organisation when needed.

Staff-related:

- a) To participate effectively and constructively in your supervision and appraisal sessions including reflective locality learning sessions.
- b) To undertake training and development as required and to look to finding improvements in how we do things.
- c) To comply with the Company's line management systems and policy.

- d) To undertake duties as required in any part of Cymryd Rhan Services within the locality and as required by the overall demands for service delivery within the Company